

Testimonials

I love my book club and think CAE does a fantastic job in providing the opportunity for people to get together and discuss books. Many, many thanks.

Cathy Thwaite, Belconnen, ACT

We have been happy with the titles we've received and pleased with the variety we seem to have on our list. The books are always in excellent condition.

Bernadette Brouwers, Camberwell, VIC

I have been really impressed with the whole organisation of the book group from CAE. The titles have been a good mix of books from our group's selections, the books have been in good condition and the notes have made the discussions so far flow very easily.

Michael Langford, Sale, VIC

The benefits gained from discussing the books have far exceeded any pre-conceived expectations of a book club. And it has been loads of fun!

Deid Schlitz, Kerang, VIC

The whole experience is far more than just getting 11 good books to read a year, although that is great in itself. Book club...has greatly deepened my understanding of books and reading.

Jackie McConnell, Kensington, VIC

There is no book shop in Weipa, so no matter how we organised our book group we would still have to have books sent in. We think the CAE service is wonderful.

Karen Pritchard, Weipa, QLD



Centre for Adult Education

CAE Book Groups

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Transforming lives through
the power of learning

CAE is committed to
Sustainable Practice

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CAE BOOK GROUPS WORKPLACE PROGRAM

Take a novel approach to improving staff health and wellbeing.
Start a CAE Book Group in your workplace.

- Choose from a wide range of titles
- Discussion notes and questions provided
- Books delivered to and from your workplace each month

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CAE BOOK GROUPS WORKPLACE PROGRAM

“Reading groups...encourage people to read more, read more widely and gain more from their reading experience. They also promote a sense of wellbeing by offering a social experience that is both relaxing, stimulating and enjoyable... Recreational reading exercises the imagination, gives access to information and provides opportunities for relaxation, enjoyment and social interaction. Reading empowers the individual. It promotes personal development, supports self-expression and personal choice and results in creative independent learners who have an understanding of self, of others and of wider social issues. These benefits mean that reading has a significant role to play in combating some of the causes of illness, improving health and keeping people well by contributing to a general sense of wellbeing.”

– Reading and Health Mapping Research Project – The Reading Agency, United Kingdom, September 2003

Why CAE?

CAE resources Australia’s largest formal network of book clubs, offering you a great selection of titles, no-fuss delivery service and friendly expert advice on how to keep your group running smoothly and successfully.

How do I start a CAE Workplace Book Group?

CAE Book Groups are a great way to connect with other readers in your workplace. Get together with friends and colleagues to discuss the sort of books that might appeal to you as a group and choose a suitable time and venue. Once you have a minimum of 8 people and have decided on the number of discussion meetings you’d prefer to have, you are ready to take the next step of electing a CAE Book Group Secretary.

The CAE Book Group Secretary

Do you have the verve and drive to get a book group up and running? CAE Book Group Secretaries liaise with CAE staff on book selections, payment and enquiries from potential new members. Secretaries are vital to the success of book groups and ensure CAE keeps in touch with the needs of each group. The role of secretary can be rotated between group members from year to year.

How often does the Book Group meet?

CAE Book Groups meet once a month between 6 and 11 times a year to discuss the book they’ve just read and to collect the book for the following month’s discussion. Groups choose the time, place and format of their own meetings and direct their own discussions.

Books available for loan

Each month, CAE selects a book from the list of possible titles your group has chosen from the CAE Book Groups catalogue. Groups have the option of requesting books in priority or random order and may alter their selections throughout the year.

CAE discussion notes

Kick start your meeting with CAE discussion notes. All books are accompanied by specially commissioned notes, complete with discussion questions. More than just a book review, the notes are guaranteed to get your group talking.

How much time do we have to read the book before the discussion?

Your group can choose to meet once a month or once every two months. Books are delivered to your workplace to the attention of the Group Secretary prior to the scheduled meeting. Members collect their copy of the book from the secretary then meet again to discuss the book they’ve just read and collect their next book.

How do we receive and return books to and from CAE?

CAE sends a box in advance of each meeting to the delivery address nominated by the Group Secretary. Books are returned to CAE by the Group Secretary via courier or post. Reply paid slips are included in all boxes. Groups operate most efficiently when books are returned to and collected from the Group Secretary by each individual member at the scheduled meeting.

What do I get for my fee?

Fees cover the delivery and return of books each month. Each set of books contains copies of the selected book (maximum 15 copies) and notes on loan for each individual member. Groups also receive two editions of our print newsletter Groupvine and can sign up for six editions of CAE Book Groups E-Newsletter to receive timely news on events and competitions as well as book reviews by CAE Book Groups members.

CAE Book Groups catalogue

Fiction · Literature · Classics · Crime · Non-fiction
Memoir · History · Philosophy · Travel · Culture

The CAE Book Groups catalogue has something for everyone: ranging from the latest international literary prize winners to the works of local authors. New titles are added to the catalogue each year. Books are chosen for their potential to create and sustain dynamic discussion. CAE Book Groups members may also recommend titles for inclusion in the catalogue.

Book Selection

Our catalogue is arranged thematically to help you decide which books will suit you best. We also highlight titles that groups have consistently told us create good discussion but ultimately, the choice is yours!

Victorian Annual Membership Fees 2009 (per member)

How many books	Full fee	Secretary
11	\$132	\$71
9	\$123	\$63
6	\$93	\$49

The Next Step...

Do you have between 8 and 15 people who would like to start a book group at your workplace? Do you have consensus on the number of discussion meetings you’d like to hold? Have you elected a Group Secretary? Then you are ready to take the next step!

Contact CAE Book Groups to receive our catalogue and enrolment forms so you can begin selecting your books. Your first book will arrive within two weeks of receipt of membership payments and book selections.

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